

# Intermediate Care Service

Rehabilitation to maintain independence

IN PARTNERSHIP

[www.slough.gov.uk](http://www.slough.gov.uk)  
**Slough**  
Borough Council

Berkshire East **NHS**  
Primary Care Trust

## **What is the intermediate care service?**

This service will work with you to help you to become more independent in activities which you would like to be able to do. This service will prevent you from going into hospital or help facilitate your discharge from hospital.

## **Who is in the team?**

- Team leader
- Occupational therapist
- Physiotherapist
- Rehabilitation assistant
- Social worker

## **What to expect**

Together with you we will provide a planned programme of rehabilitation, comprehensive advice and instruction will be given.

This service will last a maximum of six weeks.

You may be entitled to have equipment you need through this service.

## Who are we?

### **Senior occupational therapist**

Will advise on techniques and practice in coping with everyday tasks at home such as washing, dressing, cooking, getting out and about. A short term loan of equipment is also provided to make life easier.

### **Senior physiotherapist**

Will advise and teach exercises to help regain strength and improve mobility. Necessary equipment is also provided, such as a walking stick.

### **Rehabilitation assistants**

Will support you with your individual activities and exercise programme.

### **Social worker**

Will assess your social care and stimulation needs. Will liaise with other professionals to help you regain your independence.

## Identification

All members of the team carry an identification badge. An appointment will be made with you before our visit.

## **What do we do?**

- We aim to prevent hospital admission
- Facilitate safe hospital discharge
- To reduce the number of falls sustained by older people
- To enable people to self manage and to maximise their potential

## **The service is for people...**

- ...over 18
- ...who are residents of Slough
- ...who are medically stable
- ...who require input of an occupational therapist and or physiotherapist
- ...who is registered with a Slough GP

## **Following the service**

The team will refer you on to the most appropriate agency to support you once the therapy team has completed the rehabilitation programme.

## How to contact us

Dorchester Unit, Newbeech House, Long Readings Lane,  
Britwell, Slough SL2 1QP

8am - 8pm Monday to Friday 10am - 6pm Weekends

Tel: 01753 476590 Fax: 01753 476595

## Out of hours contact details

Outside office hours there is an answerphone available, but if you have an immediate problem, please phone: 01344 786543

## Who to contact

Your occupational therapist is: .....

Your physiotherapist is: .....

Your rehabilitation assistant is: .....

Your social worker is:.....

## Compliments, complaints or comments

If you have any compliments, complaints or comments please contact the team leader or write to:-

Complaints Manager, Social Services, Slough Borough Council,  
Town Hall, Bath Road, Slough, Berkshire SL1 3UQ

Telephone: 01753 875770

