

SLOUGH BOROUGH COUNCIL

REPORT TO: Slough Wellbeing Board **DATE:** 26 January 2017

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WARD(S): All

PART I FOR DISCUSSION

IMPROVING MENTAL HEALTH AND WELLBEING

1. Purpose of Report

This report introduces a themed discussion for the Slough Wellbeing Board to share ideas and feed into the work being undertaken to develop mental health services in the borough.

2. Recommendation(s)/Proposed Action

The Slough Wellbeing Board is recommended to comment on the partnership's work to deliver mental health profiles in the borough for the next five years and consider the opportunities to extend this approach across the wider partnership.

3. The Slough Joint Wellbeing Strategy, the JSNA and the Five Year Plan

Mental health is a key determinant of health and wellbeing and it is a priority in the new Wellbeing Strategy. It also reflects a number of key outcomes in the Five Year Plan. The JSNA is the basis of the benchmark for statistical analysis of mental health disorder in Slough. Implementing the mental health profiles across the borough would effectively ensure that the partnership is collectively working to achieve the priorities and outcomes in the Wellbeing Strategy and Five Year Plan.

4. Other Implications

(a) Financial – None.

(b) Risk Management – None.

(c) Human Rights Act and Other Legal Implications – There are none identified at this point.

(d) Equalities Impact Assessment – This will be undertaken as specific plans are developed to deliver the priorities.

5. Summary

This item provides members with an opportunity to:

- Understand the existing and anticipated mental health challenges facing the borough;
- Share good practice examples; and
- Discuss and influence the direction of the work of the Wellbeing Board to better coordinate the approach in addressing mental health issues to improve outcomes for people in Slough

6. Supporting Information

In looking at improving its ways of working the Wellbeing Board has restructured the format of its meetings to allow for a themed discussion. Mental Health is the second subject for such discussion. The Wellbeing Board should look for ways in which Slough can better implement the World Health Organisation's list of mental health cost effective interventions Slough adopted to be delivered within the next 5 years.

The presentation will explain the following:

- Dual diagnosis of mental health problems related to substance misuse and alcohol misuse, including the links to the Housing Strategy.
- How to promote the Mental Health 4 Life programme to local employers, linked to the concerns over supporting people with mental health issues at work and support to carers
- Loneliness and isolation and its impact on peoples' mental health and specifically dementia
- Sloughs mental health recovery model and its impact
- Building resilience within the personal and in the community

7. Comments of Other Committees

None at this stage

8. Conclusion

Having a themed discussion on mental health allows the Wellbeing Board the time to share ideas and consider ways in which the partnership can better work together. This would help the partnership to be more effective and efficient in this area of work.

9. Appendices

None.

10. Background Papers

None.