

SLOUGH BOROUGH COUNCIL

REPORT TO: Health Scrutiny Panel **DATE:** 26th March 2018

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WARD(S): All

FOR COMMENT AND CONSIDERATION

FIVE YEAR PLAN: OUTCOME 2 UPDATE

1. **Purpose of Report**

- 1.1 To update the Panel on the progress of Outcome 2 (with particular reference to key actions 1, 3 and 5) from Slough Borough Council's (SBC) Five Year Plan.

'Our people will become healthier and will manage their own health, care and support needs.'

2. **Recommendation(s)/Proposed Action**

- 2.1 The Panel is requested to consider the actions taken to deliver the key actions and the changes proposed in the revised SBC Five Year Plan 2018/19-2022/23..

3. **The Slough Joint Wellbeing Strategy, the JSNA and the Five Year Plan**

3a. **Slough Joint Wellbeing Strategy Priorities and Joint Strategic Needs Assessment**

The Five Year Plan relates to all aspects of the Slough Joint Wellbeing Strategy's priorities as set out below:

1. Protecting vulnerable children
2. Increasing life expectancy by focusing on inequalities
3. Improving mental health and wellbeing
4. Housing

The Five Year Plan has been developed using the evidence base of the Joint Strategic Needs Assessment and the Slough Story.

3b. **Council's Five Year Plan Outcomes**

This report focusses on outcome 2 of the 5 outcomes in the Five Year Plan: 'Our people will become healthier and will manage their own health, care and support needs.'

4. **Other Implications**

(a) **Financial**

The Five Year Plan is important in determining the priority outcomes against which resources will be allocated. The time frame for the Five Year Plan is aligned with

our medium term financial planning and will roll forward each year, i.e. the new Plan looks ahead for the five years 2018/19 to 2022/23.

(b) Risk Management

There are no identified risks associated with the proposed actions.

(c) Human Rights Act and Other Legal Implications

There are no direct legal implications. The specific activity in the Plan and other plans may have legal implications which will be brought to the attention of Cabinet separately. There are no Human Rights Act Implications.

(d) Equalities Impact Assessment

There is no requirement to complete an Equalities Impact Assessment (EIA) in relation to this report. EIAs will however be completed on individual aspects of any actions produced to sit underneath the Plan, as required.

5 Supporting Information

5.1 The Health Scrutiny Panel has been given responsibility for oversight of Outcome 2 by the Overview and Scrutiny Committee.

5.2 As with the 4 other Outcomes of the Five Year Plan, Outcome 2 has a series of key actions which set out what will be done to achieve the outcome – these are:

1. Target those individuals most at risk of poor health and wellbeing outcomes to take up health checks.
2. Develop preventative approaches to enable our residents to become more able to support themselves.
3. Build capacity within the community to enable a focus on supporting more people to manage their own health, care and support needs.
4. Deliver a new model of public service that empowers residents to live independent and healthy lives.
5. Ensure people are at the centre of the adult safeguarding process and are supported to manage any risks.

This report focuses on the progress being made on key actions 1, 3 and 5.

5.3 **Key Action 1. Target those individuals most at risk of poor health and wellbeing outcomes to take up health checks.**

The Cardiowellness 4 Slough programme was launched in January 2017. It was established to contribute to reducing early deaths from cardiovascular disease through the provision of an integrated cardiac prevention programme bringing together a range of community services via a single point of access. A single point of access will make the service accessible to a wide range of people and will be compliant with the aims of the Care Act and our local prevention strategy.

As well as providing a lifestyle triaging service and brief interventions, it was set up to deliver an additional 800 NHS Health Checks to complement the core NHS Health Checks Service.

Outcomes for year one (January 2017 – December 2017) include:

- Over 1,949 community contacts have been triaged appropriately into services to help them adopt healthier lifestyles or reduce risky health behaviours

- 872 Referrals have made into Eat 4 Health (Slough's Adult Weight Management Programme)
- 802 NHS Health Checks have been completed
- 1,600 behaviour change referrals made

The focus for the coming year is to:

- increase engagement and collaboration opportunities across Slough's partner organisations in Primary Care, the Community and Voluntary Sector; strengthen referral pathways;
- focus on delivering self-care through the use of digital innovations planned to improve engagement with Slough residents
- track and measure outcomes of individuals that have used/ or have been triaged through the service since its inception in January 2017.

5.4 **Key Action 3. Build capacity within the community to enable a focus on supporting more people to manage their own health, care and support needs.**

Over the past year the following projects have been delivered:

- The wellbeing prescription service in Slough now links to the Housing Tenancy Support Service as well as providing a central link to the Adult Social Care Department and local GPs. This service provides early intervention and prevention support services to those clients who would usually be looked after by statutory services.
- The Adult Social Care department continues to expand its model of community based social care, by developing local links and relationships by starting a number of neighbourhood events over 2018. This ties in with last years re-organisation to locality teams and the implementation of strengths based conversations as the departments model of assessment.
- Developing our community engagement arrangements to strengthen the voice of the resident in our strategic and operational activity.
- Increased the provision of direct payments, particularly for carers.
- Continued to work with the SPACE consortium and partners

In the coming year the following initiatives will be started:

- The implementation of an Asset Based Community Development facilitation training programme to provide Council officers and key voluntary sector staff with the skills to work with the communities of Slough
- To complement Asset Based Community Development, the Council is developing a community engagement toolkit and an e-learning package to bring consistency in the approach that is taken when working with Slough's communities
- GoodGym will be launched in Slough by Public Health. This innovative scheme brings socially minded runners off the treadmills to support and engage with their communities and in doing so increase volunteering in the local area.

5.5 **Key Action 5. Ensure people are at the centre of the adult safeguarding process and are supported to manage any risks.**

Making Safeguarding Personal has been embedded into the Councils safeguarding processes and policies that guide staff to include vulnerable adults in the safeguarding process including seeking their view and outcomes as well as involving them in managing risks and participating in meetings.

The suite of safeguarding performance measures include whether vulnerable people (or their advocates) are included in the safeguarding process. Year to date shows that 84% of people were involved in their safeguarding case.

6 Five Year Plan 2018/19 – 2022/23

- 6.1 The current Five Year Plan has been revised and updated for the next 5 years. Future reports to the Health Scrutiny Panel will therefore reflect changes to Outcome 2 which has been revised as follows:

Outcome 2: Our people will be healthier and manage their own care needs

Councils across the country are facing similar challenges relating to health, wellbeing, and independence of their adult residents. People are living longer, often with complex and long-term conditions, which increases demand for health and care services within the borough. In responding to these challenges we will focus on developing preventative approaches to enable our residents to become more able to support themselves. We will target those individuals most at risk of poor health and wellbeing outcomes to take up health checks; build capacity within the community to enable more people to manage their own health, care and support needs; and deliver a new model of public service that empowers residents to live independent and healthy lives. Throughout our plans we will ensure people are at the centre of the adult safeguarding process and are supported to manage any risks.

Next year we will:

- Support our residents to be more active
- Open a range of new leisure facilities including Slough Ice Arena, Salt Hill Activity Centre, Langley Leisure Centre, The Centre and a network of green gyms in our parks and open spaces
- Support more people to take control of their care needs including a Direct Payment
- Support more people to have a health check

Our long term priorities are to:

- Work with our partners to improve the health and wellbeing of our residents
- Be the most active town/city in the country – More People - More Active -More Often
- Reduce loneliness and isolation – More People - More Connected - and Happy
- Reduce the need for long term social care through improved early help and prevention

7 Comments of Other Committees

The Five Year Plan and outcome performance is regularly discussed by the Cabinet and the Overview and Scrutiny Committee. This specific report has not been considered by any other Committee within SBC.

8 Conclusion

- 8.1 The Health Scrutiny Panel is requested to consider the progress made to date and the most appropriate manner in which to scrutinise Outcome 2 in its future meetings.

9 **Appendices Attached**

(A) 5YP Outcome 2 report at end of quarter 3

10 **Background Papers**

Five Year Plan 2017 – 2021.

Outcome 2: Our people will become healthier and will manage their own health, care and support needs

Ref	Outcome Measure	Date Updated	Baseline	Target	Actual	Direction of Travel	RAG Rating	Actions
2.1	Increase number of people starting and completing a smoking cessation course (rate per 100,000 smokers). Percentage of those who successfully quit smoking.	Nov-17	2015/16 Q1-Q4 4 weeks Slough 65.40% [998] SE 55.67% England 51.02% Rate per 100,000 smokers not available	Above the national rate	2017/18 Q1 4 weeks Slough 80.68% [142] SE 50.15% England 48.56% Rate per 100,000 smokers Slough 728 SE 417 England 493	↑	Green	The methodology of this indicator has changed from rate per 100,000 population to rate per 100,000 smokers therefore previous years rates for comparison is not available. Slough continues to perform above the South East and England in terms of numbers of people who set a quit date and go on to quit for 4 weeks and longer. The conversion rates are well above benchmarking averages. In Slough, smoking in pregnancy (which is reported as smoking at time of delivery) also remains lower than regional and national averages.
2.2	Increase number of adults managing their care and support via a direct payment	Jan-18	362 [Mar-17] 235 [Mar-16] 197 [Mar-15] 188 [Mar-14]	Increasing	404 clients & carers [Dec-17] [244 clients + 160 carers]	↑	Green	The number of service users and carers supported through a Direct Payment continues to increase. We have implemented a new system using pre-payment cards which will make Direct Payments easier to manage and use, are contracting with Enham Trust to provide a Personal Assistant Matching and Employment Support service, and have issued guidance to staff to support and seek Direct Payments as the default position when providing services. We will be reviewing the performance measure used in the 5 Year Plan report to ensure we use the most appropriate measure to evidence our primary strategy of increasing the number of service users and carers who can control their support through Direct Payments.
2.3	Increase the uptake of health checks Increase the percentage of the eligible population aged 40-74 offered an NHS Health Check	Nov-17	2016/17 Q1-Q4 Slough: 9.75% [3,430] SE: 16.72% National: 17.02%	Closer to the national rate by 17/18	2017/18 cumulative to Q2 Appointments offered: 4,658 Slough 13.01% SE 16.65% National 16.92%	↑	Amber	Health Check rates in Slough although improving remain below south east and national rates of 16.65% and 16.92% respectively. Measures are in place to address this, including commissioning a new cardiowellness4 Slough programme. This will deliver 800 additional Health Checks, with a view to bring Slough rates in line with national rates in 2017/18 financial year. The new cardiowellness4 Slough programme launched in January 2017.