## SLOUGH BOROUGH COUNCIL

| REPORT TO:                              | Cabinet  | DATE:       | 15 <sup>th</sup> October 2018 |
|---|--|-------------|-------------------------------|
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| WARD(S):                                | All  |             |                               |
| PORTFOLIO:                              | Cllr Pantelic –<br>Cabinet Member for Health and S | Social Care | 9                             |

#### PART I NON-KEY DECISION

#### REFERENCES FROM OVERVIEW AND SCRUTINY – PUBLIC HEALTH SERVICES IN SLOUGH

### 1. Purpose of Report

The purpose of this report is to ask Cabinet to consider the recommendation of the Health Scrutiny Panel (11<sup>th</sup> September 2018). The Panel has received a number of progress reports on the delivery of the public health programme in Slough. The latest report was a focus on the services provided by Solutions4Health, one of the providers commissioned by the Slough public health team to deliver parts of the public health programme.

### 2. Matters for resolution from Cabinet

The Health Scrutiny Panel made the following recommendation at its meeting on 11<sup>th</sup> September 2018:

• That Cabinet encourages members and representatives from Public Health, and other Council departments, to work closely with Solutions4Health in developing future integrated models for prevention and behaviour change that will continue to benefit and improve the health of Slough residents beyond 2020.

### 3 The Slough Joint Wellbeing Strategy, the JSNA and the Corporate Plan

### 3a Slough Joint Wellbeing Strategy (SJWS) Priorities

The Public Health agenda supports the following priority of the Slough Joint Wellbeing Strategy:

• Increases in healthy life expectancy by focussing on heath inequalities

### 3b Five Year Plan Outcomes

The range of Public Health services also supports the following Five Year Plan outcome:

• Our people will be healthier and manage their own care needs.

### 4 **Other Implications**

(a) <u>Financial</u>

The Public Health Grant for 2018 - 19 is £7,563,000; within this, the programmes discussed on  $11^{\text{th}}$  September 2018 have a combined annual cost of £289,000. These services are provided under contract with Soultions4Health and currently funded by the public health grant

(b) <u>Risk Management</u>

| Recommendation  | Risks/Threats/   | Current Controls  | Future Controls  |
|---|--|---|--|
| from section 2 above  | Opportunities  |   |  |
| Members and<br>representatives from<br>Public Health do not<br>engage sufficiently<br>with Solutions4Health | Ensuring that<br>members and<br>Council officers<br>work alongside<br>Solutions4Health | Contractual<br>arrangements<br>with service<br>provider | Commitment from<br>political and staff<br>leadership on joint<br>working |

(c) <u>Human Rights Act and Other Legal Implications</u>

There are no legal implications to the content of this report.

(d) Equalities Impact Assessment

It is not necessary to undertake an Equalities Impact Assessment at this stage. Any future changes to the provision of the service may require an assessment as appropriate at the time.

### 5 Supporting Information

- 5.1 At its meeting on 11<sup>th</sup> September 2018, the Health Scrutiny Panel took an item on the Public Health programmes. This item followed an introduction to the work of Solutions4Health (given at the previous meeting on 28<sup>th</sup> June 2018) and provided more detailed information on the following 4 programmes:
  - **Eat4Health** a programme aimed at reducing obesity in adults through both healthy eating and more active lifestyles

- Let's Get Going a programme for 7 12 year olds with the objective of getting children to adopt more active and healthy routines for life
- **Cardiowellness4Life** a programme covering an array of aspects connected to heart conditions (e.g. smoking, alcohol, lifestyle) and encouraging take-up of health checks
- FallsFree4Life work on primary prevention of falls, aiming to stop such incidents before they occur through risk assessment and similar measures
- 5.2 The report outlined the nature of each of these programmes, and the progress being made by each one. 22 Eat4Health courses (each lasting 12 weeks) had been provided in 2017 18, whilst Let's Get Going had seen 47 children participate in 3 programmes (10 weeks in duration). Cardiowellness4Slough provided an ongoing service with 767 residents attending in the first 6 months of 2018, whilst FallsFree4Life undertook assessments for 636 who may be at high risk of a fall in their own home. In each case, early indications were that the programmes were achieving their stated aims and objectives.
- 5.3 As a result, the Panel wished to signal their support for this work so far, and their appreciation of achievements thus far. However, the Panel have also taken a series of agenda items on the Adult Social Care Transformation Programme and are aware of the financial realities of the current situation. Nevertheless, the Panel argued that the outlay on the programmes outlined above was modest and in line with SBC's local priorities.
- 5.4 Given this, the Panel wished to recommend to Cabinet that support for this work be maintained, with the expansion of targeted public health campaigns a possible area for investigation. In addition, members were keen to note their willingness to be involved in outreach work such as this which benefitted local residents. Should the Panel or the wider body of Councillors be able to promote healthy living, they would welcome the opportunity to do so.
- 5.5 However, the Panel were also aware of the wider financial position of such services across local authorities. Given the ongoing year on year reduction in the public health grant (and uncertainty over its future from March 2020 onwards), the Panel were aware of the constraints on SBC with regards to making financial commitments over long periods. In addition, any work with external partners would be subject to contract management and performance monitoring; this would further restrict any pledges which could be made regarding the future. Finally, any such arrangements would be subject to standard procedure and procurement rules which may require open tendering processes.

### 6 Comments of Other Committees

The report on Public Health programmes had not been taken by any other committees at SBC. It is publically available in the agenda papers for the Health Scrutiny Panel's meeting on 11<sup>th</sup> September 2018 (item 7).

# 7 Conclusion

The Cabinet is requested to decide upon the recommendation outlined in section 2 and discussed in section 5 of this report.

## 8 Appendices

None

# 9 Background Papers

'1' - Agenda papers and minutes, Health Scrutiny Panel (11<sup>th</sup> September 2018)