

# Carers Week activity timetable 2024

## 10-16 June Putting carers on the map!

### Monday 10 June

#### Coffee and danish morning

##### Special Voices

10.30am-12.30pm

Cippenham Baptist Church  
Contact Jan on 07990 693439

#### FREE carers week event at beautiful Ditton Manor!

##### Slough Carers Support

11am-3pm

Ditton Manor

Booking essential - call 07519 751640  
or email ramandeep.gogna@slough.gov.uk



### Tuesday 11 June

#### Bingo with gifts

##### Special Voices

10am-1pm

Cippenham Baptist Church  
Contact Jan on 07990 693439

#### Kundalini Yoga session for carers

Singh Sabha Gurdwara (Slough)  
10-11am

Singh Sabha Sports Centre  
Contact Harsharan on 07956 320365

### Wednesday 12 June

#### Slough Young Carers 'carers week special'

Slough Young Carers  
5.30-7.30pm

YES shop, Slough High Street  
Contact Aliya on 07547 559050 or email  
aliya@sloughyoungcarers.org

#### Fish and chips lunch

##### Cippenham Carers

1-3pm

Cippenham Baptist Church  
Cippenham Carers only by invite

#### Quick draw and quiz games with gifts

##### Special Voices

10-11.30am

Virtual  
Contact Jan on 07990 693439

#### Crossroads Carers Week events

Slough Crossroads  
10am-2pm

The Langley Scout Hut  
No booking required

#### Wellbeing Workshop (Simran)

(includes light refreshments)

##### WSWF Art Gallery

11am-12.10pm

WSWF Art Gallery, Bath Road, Slough  
Contact Remi on 07519 751640

### Thursday 13 June

#### Crossroads Carers Week events

Slough Crossroads  
10am-2pm

The Langley Scout Hut  
No booking required

#### Celebration lunch with cake

##### Special Voices

10am-1pm

Cippenham Baptist Church  
Contact Jan on 07990 693439



### Friday 14 June

#### Kundalini Yoga session for carers

Singh Sabha Gurdwara (Slough)  
10-11am

Singh Sabha Sports Centre  
Contact Harsharan on 07956 320365

#### Carers cream tea and coffee morning

##### Special Voices

9.30am-12.30pm

TBA

Contact Jan on 07990 693439

### Saturday 15 June

#### Gardening sessions for carers

Raggy Road Community  
Allotments Group  
12noon-2pm

Slough  
Contact Anita on 07879 100908

Carers from Slough are also welcome  
to attend these events:  
[rbwmtogether.rbwm.gov.uk/](http://rbwmtogether.rbwm.gov.uk/)  
maidenhead-carers

For more info on the week contact:

Remi on 07519 751640 or email [ramandeep.gogna@slough.gov.uk](mailto:ramandeep.gogna@slough.gov.uk)