

Carers Week activity timetable 2024

10-16 June Putting carers on the map!

Monday 10 June

Coffee and danish morning

Special Voices
10.30am-12.30pm

Cippenham Baptist Church
Contact Jan on 07990 693439

FREE carers week event at beautiful Ditton Manor!

Slough Carers Support
11am-3pm

Ditton Manor

Booking essential - call 07519 751640
or email ramandeep.gogna@slough.gov.uk



Tuesday 11 June

Bingo with gifts

Special Voices
10am-1pm

Cippenham Baptist Church
Contact Jan on 07990 693439

Kundalini Yoga session for carers

Singh Sabha Gurdwara (Slough)
10-11am

Singh Sabha Sports Centre
Contact Harsharan on 07956 320365

Wednesday 12 June

Slough Young Carers 'carers week special'

Slough Young Carers
5.30-7.30pm

YES shop, Slough High Street
Contact Aliya on 07547 559050 or email
aliya@sloughyoungcarers.org

Fish and chips lunch

Cippenham Carers
1-3pm

Cippenham Baptist Church
Cippenham Carers only by invite

Quick draw and quiz games with gifts

Special Voices
10-11.30am

Virtual
Contact Jan on 07990 693439

Crossroads Carers Week events

Slough Crossroads
10am-2pm

The Langley Scout Hut
No booking required

Wellbeing Workshop (Simran) (includes light refreshments)

WSWF Art Gallery
11am-12.10pm

WSWF Art Gallery, Bath Road, Slough
Contact Remi on 07519 751640

Thursday 13 June

Crossroads Carers Week events

Slough Crossroads
10am-2pm

The Langley Scout Hut
No booking required

Celebration lunch with cake

Special Voices
10am-1pm

Cippenham Baptist Church
Contact Jan on 07990 693439



Friday 14 June

Kundalini Yoga session for carers

Singh Sabha Gurdwara (Slough)
10-11am

Singh Sabha Sports Centre
Contact Harsharan on 07956 320365

Carers cream tea and coffee morning

Special Voices
9.30am-12.30pm

TBA
Contact Jan on 07990 693439

Saturday 15 June

Gardening sessions for carers

Raggy Road Community Allotments Group
12noon-2pm

Slough
Contact Anita on 07879 100908

Carers from Slough are also welcome to attend these events:
rbwmtogether.rbwm.gov.uk/maidenhead-carers

For more info on the week contact:

Remi on 07519 751640 or email ramandeep.gogna@slough.gov.uk