

## Autism Steering Group

### Meeting #3 – 8th October 2024

### **Online only**

## Easy Read Minutes

### Welcome and introductions.

- GDM admitted participants from the lobby one by one and greeted them.
- Everyone said hello and did a brief introduction for the group.
- There were many new faces attending the meeting, all professionals.
- Members shared that the online format was not very comfortable.
- The whole group agreed that meeting online is not a good option for the Steering Group and would prefer to meet in person.

## Actions: GDM to explore how to source suitable venues to host the meetings in future.

# Community activities at the libraries – Calendar of possible activities and suitable alternatives

- GDM explained that the representatives of the steering groups have expressed their views in a survey online about what activities they would like to see happening in Slough.
- Most activities appeared suitable for a library setting, and discussion has taken place with the libraries network to create a suitable calendar of activities.
- The draft calendar was presented to the group for discussion and shared on screen.
- There was some positive feedback about the proposed activities.
- Group members noted that no physical activity was present, and these should be considered too.
- GDM explained that the Steering group is looking at sourcing physical and wellbeing activities, but these may not be suitable for a library setting and a separate discussion is taking place with Public Health.
- The group agreed that a decision could not be made on the day about what activities should start in January due to the little representation of autistic adults.

## Actions: GDM to find alternative ways to gather feedback directly from the autistic community

### Tea Break

### Task and Finish groups – Booking dates for meetings

- Due to the small representation of autistic people during the online meeting, it was not possible to agree on dates for the task and finish groups.
- Members noted that the online format is not suitable for discussing these topics and some autistic adults has difficulties in accessing online resources or attending online meeting
- Suggestions were made in organising an event similar to the one that took place in Arbour park to gather feedback directly from autistic adults.
- The group strongly felt that the event should be informal and not involve professionals.

#### Actions: GDM to create a small organisation committee with involvement from Coproduction Network, the Autism Steering Group chair and members, and autistic people to scope an informal event to take place before December.

### The Autism Steering Group – Agenda Items for next meeting

As there were not many people present, and there were not many autistic people and their carers attending, the group decided to agree on agenda items for next meeting via email.

### Actions: GDM to start email circulation to agree agenda items for next meeting