

Social Isolation/Loneliness Task & Finish Group Minutes
Wednesday 13th November 15:00 – 16:00
Via Online Teams

Present

- Leidon Shapo (LS) – Public Health (Chair)
- Vanessa Pugh – (VP) Older People & Carers Commissioner
- Siva Chandrasekaran (SC) – Public Health/Health Intelligence
- Kevin Barry (KB) – Chair of the Slough Healthwatch
- Zac Dean – Technology Enabled Care, ASC

Minutes

Item 1 - Welcome and Introductions

LS: welcomed everyone to the meeting – Eva, William and Tagreed send their apologies for today's meeting but will make the next one.

Item 2 - Review of TFG's Objectives and Scope (Kevin/Leidon)

LS: Tagreed agreed last week to collect information about referrals on social prescribers. We need to engage with GP Networks understand more about Social prescribing.

Exchange between VP and LS: We need something like a Target operating model (TOM) to measure cost effectiveness of targets and outcomes.

Siva and Mayoor working on developing loneliness index map using travel distances.

LS comment to KB: ONS 2023 Survey on loneliness can be used in future to develop focus groups and gain further insights.

Reflection: Looking to complete the final draft by end of November and potentially develop a 'plan on the page' action plan to take this work further in the absence of a local strategy.

Frequency of meetings: Agree to meet in 2 weeks' time (27th November between 2:30 -3:30pm) which would be the final meeting with regards to the SIL HNA – the TFG will continue to meet afterwards on a chosen/agreed frequency.

VP: Vanessa to get in touch with Sonia Karan (New Director of Strategy) on resident engagement. Best approach to engage people from different cultures.

KB: No data suitable from health watch and CVS.

Item 3 - Presentation on Current Situation – A Brief Overview of the SI/L Needs Assessment

LS: presented the SI/L Need Assessment second draft version, starting with the following sections: the introduction, followed by its aims & objectives, understanding loneliness and social isolation (definitions), risk factors and some preliminary stats and a summary of the key findings from the SIL lit review.

Data to support the work has been extracted from the ONS loneliness survey '21/'22 & '22/'23 – these are clearly showing comparison between England and Southeast (we are in a better position).

Item 4 - Discussion Identifying Key Issues and Challenges – 'The Direction of Travel'

LS: Wellbeing score is one of the loneliness index metrics. Siva will check while working with Dr Burns work and develop a map of loneliness locally.

ZD: - Action: To provide some info (2 additional slides) of TEC information about future strategy and current services that would be available for residents and with a focus on those more vulnerable and affected by SIL during the C19 pandemic.

VP: - Action: Burden and social impact section can be linked with MH strategy. Invite someone to next steering group.

Discuss with Ash on Responder service and identify older people who suffer from social isolation and loneliness.

SC: - Action: To make some changes on Over 65s living alone maps and changes. Siva and Mayor discuss with GIS and SEPHIG team regarding local distance data and SHAPE data for map of loneliness index.

VP and KB to provide updates on council programs (such as blue badges) that might intersect with social prescribing or other relevant community services.

Item 5 - Developing Action Plan/Timeline

1. Work expected to be completed by end of November or early December (latest) to support the SIL element (risks, effective interventions, and proposed actions) of the ongoing process of developing the annual Public Health report (focused on improving HLE for Slough).

2. Meetings are planned to happen every three weeks initially and this was agreed by everyone on the call.

3. TI to reach out to those that referred into their services frequently and invite the Task and finish groups.

Item 6 - Any Other Business & Next Meeting

Dat of Next meeting: To take place 2nd week of November – 27h Nov. (2:30 –3:30 pm).