



## Autism Steering Group

### Meeting #5

22nd July 2025

Chalvey Community Hub

#### *Easy Read Minutes*

### Welcome and introductions.

- The Group Chair welcomed all professionals, autistic people, and carers attending the meeting.
- Everyone said hello and shared a bit about themselves with the group.

### Free NHS Health Checks and Health Bus

- The group was told about free NHS health checks that will be available at Chalvey Community Hub.
- These health checks will happen during Slough Autism Together meetings in a private room so people feel comfortable.
- Members also heard about the health bus that will visit the community.
- The health bus will make it easier for autistic people to access health services.

### Tea Break

### Specialist Accommodation Strategy for Autistic Adults

- The Commissioning Officer talked about the specialist accommodation strategy that Slough Council is creating.
- The strategy is about helping autistic adults find the right place to live.
- The strategy will be coproduced with autistic adults.
- This means autistic adults will help plan the strategy and their ideas will be included.
- The group discussed how to make sure the voices and ideas of autistic adults are heard.
- Members talked about what autistic adults want and need from their homes.

- The strategy focuses on promoting independence and autonomy at home.
- This means autistic adults can live independently with support available when they need it.
- The strategy will look at innovation and technology to help autistic adults with everyday tasks.
- Members shared ideas about what would help autistic adults live well in their own homes.

### ***Actions:***

- *The Commissioning Officer to organise more sessions with autistic adults to coproduce the accommodation strategy.*
- *Group members to share the information about free health checks with autistic adults in Slough.*
- *The Commissioner for Learning Disabilities and Autism to keep the group updated on progress with the accommodation strategy.*

### **Any Other Business**

*No other business was raised.*