



### **What does it involve?**

A trained lead cyclist leads the ride, with other experienced riders in attendance.

The rides are intended to be sociable events so we try to find a coffee shop at the start or along the route.

Rides start at 10.00am and usually last 2– 3 hours

There are no charges to attend the rides.

### **Who can take part?**

These rides are open to anyone who has cycled before. We can not currently give cycling instruction to complete beginners, however Slough Borough Council can – see [www.slough.gov.uk/cycling](http://www.slough.gov.uk/cycling)  
Age is no restriction although a responsible adult must accompany children under 16.

### **Is it necessary to book in advance?**

No, just turn up on the day.

### **What about the weather?**

We try to cycle in all but the severest weather. You are advised to bring waterproof outer garments, gloves and a cycling helmet.

To find out more please contact:

**Gerald Pleace on 01753 875566 or**

**Bruce Hicks on 01753 875514**



# **Slough Freewheelers**

**Established 2006**



**Free of Charge Led Cycle Rides for Health  
and Enjoyment**

**Information and List of Dates & Venues**

**2019**



# Come and join us



Cycling is a healthy exercise and almost anyone can join in the fun.

Slough Freewheelers have been offering rides to cyclists of all abilities since 2006.

We invite you to join us, whether for exercise, enjoyment of the local area, or for social cycling.

We offer a series of guided rides, mainly off road in the Slough and Windsor area as well as Burnham Beeches and along the Jubilee River.

Date	Ride	Meeting Place
19th January	Upton	Upton Court Park Main car park by changing rooms <b>SL3 7LU</b>
16th February	Dorney	Dorney Court Kitchen Garden car park <b>SL4 6QP</b>
16th March	Windsor Great Park	Stag Meadow car park off St Leonard's Road next to football club Windsor <b>SL4 3DR</b>
13th April	Herschel Park	Herschel Park Datchet Road car park <b>SL3 7NR</b>
18th May	Burnham Beeches	Victory Cross car park Lord Mayor's Drive, Burnham Beeches
15th June	Windsor Great Park	Stag Meadow car park off St Leonard's Road next to football club Windsor <b>SL4 3DR</b>
13th July	Burnham Beeches	Victory Cross car park Lord Mayor's Drive, Burnham Beeches
17th August	Dorney	Dorney Court Kitchen Garden car park <b>SL4 6QP</b>
14th September	Upton	Upton Court Park Main car park by changing rooms <b>SL3 7LU</b>
19th October	Windsor Great Park	Stag Meadow car park off St Leonard's Road next to football club Windsor <b>SL4 3DR</b>
16th November	Herschel Park	Herschel Park Datchet Road car park <b>SL3 7NR</b>
14th December	Dorney	Dorney Court Kitchen Garden car park <b>SL4 6QP</b>
<b>Please note: All rides are on Saturday mornings starting at 10.00 a.m.</b>		